

Philippians 2:14 (KJV) – Do all things without murmurings and disputings:

Sunday- What Does This Mean?

Focus: God cares about our attitude when we obey.

Teaching Point: God doesn't just want us to do the right thing — He wants us to do it without complaining or arguing. Whining shows what's happening in our hearts.

Activity: Ask: "Is it harder to obey while complaining, or without complaining?" Have your child say the verse using a **happy voice**, then a **complaining voice**. Discuss which one honors God.

Monday- When Parents Ask Us to Do Something

Focus: Obedience starts at home.

Teaching Point: When parents ask us to clean up, help, or listen, complaining shows resistance. Obeying with a willing spirit pleases God.

Activity: Give your child one small task (pick up toys, wipe a table). Ask them to do it once while whining and once happily. Ask: "Which way felt better? Which way shows love?"

Tuesday- Complaining vs. Gratitude

Focus: Complaining forgets what God has already given.

Teaching Point: When we complain, we focus on what we don't like instead of being thankful for what we have.

Activity: Fold a paper in half: **Side 1:** "Things I Complain About" **Side 2:** "Things I'm Thankful For" Let your child draw or list a few examples. Talk about how gratitude changes our attitude.

Wednesday- God Sees Our Heart

Focus: God hears our words and knows our hearts.

Teaching Point: Even when we obey, God notices if we are murmuring inside. He wants us to serve with joy,

Activity: Draw a traffic light:  Complaining  Delayed obedience  Cheerful obedience Call out actions and let kids choose the light. Explain that God wants us in the **green zone**.

Thursday- Contentment in Difficult Times

Focus: We can choose our response.

Teaching Point: Complaining is a choice, but so is joy. God gives us the power to respond kindly, even when we don't feel like it.

Activity: Make a "No-Whine Challenge" for the day.

Each time your child completes a task without complaining, add a sticker or checkmark.

Friday- Doing Everything for God

Focus: Everything we do is for God.

Teaching Point: Whether we're cleaning, listening, or helping others, we show God love by obeying without complaining or arguing.

Scripture Memorization: Have the child recite the scripture from heart.