

Sirach 34:26 But be ye doers of the word, So is it with a man that fasteth for his sins, and goeth again, and doeth the same: who will hear his prayer? or what doth his humbling profit him?and not hearers only, deceiving your own selves.

Sunday-What Is Repentance?

Focus: Repentance is more than words.

Teaching Point: Saying “sorry” to God means nothing if we keep doing the same wrong thing. True repentance means changing.

Activity Idea: Role-play: Have kids say “sorry” but then repeat the action (like taking a toy). Then show “true repentance” by stopping the action.

Monday- Empty Fasting

Focus: Actions speak louder than words.

Teaching point: Fasting and praying mean little if our actions don’t match. God wants a real change of heart (mind).

Activity Idea: Draw two pictures: one of a child saying “sorry” but still disobeying, and one of a child saying “sorry” and then doing better.

Tuesday- Example: King Saul

Focus:Real repentance brings change.

Teaching point: In 1 Samuel 15, Saul admitted he sinned but kept disobeying God. His words didn’t match his actions.

Activity Idea: Make two columns: “Words Only” and “Words + Actions.” Place Saul in “Words Only.” Brainstorm who belongs in the other column.

Wednesday- Example: The Prodigal Son

Focus: God’s Word tells us how to live.

Teaching point: In Luke 15, the prodigal son didn’t just say sorry—he came home and changed his life. God honors real change.

Activity Idea: “Follow the Directions” game. Give an instruction like “Clap 3 times and sit down.” Have the kids *only* clap once or *only* sit without clapping. Then point out: “That’s like Saul — he did *part* of what God said, but not all of it.” End by having them do it the right way to show full obedience.

Thursday- Our Actions Matter

Focus: God listens when we truly repent.

Teaching point: If we keep doing the same sin, it’s like ignoring God. But if we repent and turn away, He forgives us.

Activity Idea: On slips of paper, write down sins you struggle with (lying, fighting, disobeying, etc.). Tear them up to show you leaving them behind.

Friday- Living It Out

Teaching point: True repentance shows in daily choices.

Focus: God wants us to prove our love through actions, not just words. (1 Samuel 2:3)

Scripture Memorization: Have the child recite the scripture from heart.